

	Lower Providence Emergency Medical Service Standard Operating Guidelines	
	Subject: <i>Member Guidelines- Bunkrooms & Sleeping</i>	SOG #101-033
		Initiated: July 2021
Approved: Chief Christopher J. Reynolds	Revised: September 2023	

Description: This SOG establishes guidelines for bunkroom usage and sleeping while on duty.

Purpose: To ensure that members have a complete understanding of the policies for bunkroom usage and sleeping within the LPEMS station(s) and the organizational expectations.

Procedure: Each station has bunk rooms or beds available to serve as sleeping quarters for members. Sleeping is permitted at LPEMS and is recommended when members feel tired; all members should take time for rest to ensure that they are mentally and physically prepared for the challenges of Emergency Medical Service in the community. Sleeping or Naps may not interfere with responses and members are still subject to response standards.

1. Bunkrooms are to be utilized by LPEMS Members only
2. No more than two members allowed in each bunkroom.
 - a. Co-ed or separate rooms are at the discretion of each crew member.
 - b. Accommodation shall be made if crew chooses to separate based on crew: gender, or other agreed upon identifying characteristic.
3. Members using bunk rooms will be responsible for providing linens for beds and will not sleep on an uncovered mattress at any time.
 - a. Linens may not be taken from ambulances.
4. Members using bunk rooms will be responsible for cleaning their bunk room and the bathroom connected to the bunk room before the member(s) leave in the morning.
5. Sleeping on couches during the day is not permitted.
 - a. If you need to nap during the day, please use a bed with linens.
6. If a member decides to sleep on couch during night shift, a sheet must be placed over the couch and boots shall not be worn on the furniture.
7. Use of sleeping bags is permitted with use of a bottom sheet.